



Founded 1895

St Agatha's Catholic Primary School

St Agatha's Drive
Kingston upon Thames Surrey
KT2 5TY

Headteacher: Mrs Elizabeth Cahill, MEd, LLB(Hons), PGCE, NPQH

☎ 020 8546 3879

Email: office@stagathas.school

www.stagathas.school

School Fruit and Vegetable Scheme

Dear Parent/Guardian,

Here at St Agatha's we participate in the Government's School Fruit and Vegetable Scheme. Under the scheme each child aged four to six is entitled to receive a free piece of fruit or vegetable each school day. The initiative behind the scheme is to encourage children to eat more fruit/vegetables and help towards their 5 a day, with the focus being on reducing obesity and reducing the risk of heart disease, stroke and some cancers. It is hoped that by educating the children of the benefits of healthy eating they will continue to eat healthily in the future.

Your child will be offered a free piece of fruit or vegetable each day. The fruit and vegetables will be fresh and of good quality. The aim is for the children to have a positive and enjoyable experience of fruit and vegetables.

The scheme is voluntary and although there is no obligation for your child to take part, I hope you will share my belief that it has many benefits. It is a great way to help us teach our children the benefits of healthy eating.

If you do not wish your child to participate in the scheme you must let the school know in writing. It is essential that you inform us of any allergies your child may have so that we can ensure they are not given anything that may harm them.

If you have any queries please do not hesitate to contact me, or alternatively email the SFVS Team at sfvs@supplychain.nhs.uk

Yours sincerely

E A Cahill
Headteacher

Learning Together in God's Love